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Introduction :

It has a second name, which is (Rishi Mushroom), which contains nutritional and medical components that are vital to the body, remove toxins from the body, and greatly enhance immunity.

Order: Polypore's, Specifically: Ganoderma lucidum, Origin: Asia



01

Active constituent:

More than 300 natural compounds are Present in Rishi Mushroom DXN, The Most Well known are:

Geno Deric

Polysaccharides

Triterpenoids

Germanium

Adenosine

02

References:

<https://pubmed.ncbi.nlm.nih.gov/27685898/>

<https://www.webmd.com/vitamins/ai/ingredientmono-905/reishi-mushroom>

<https://www.organicfacts.net/health-benefits/other/reishi-mushrooms.html>

<https://www.msmanuals.com/>



Benefits of the Ganoderma Mushroom:



Boosts Immunity



contain
neuroprotective
properties



Powerful Antioxidant



Control Blood
Glucose level



Anti-inflammatory



Used as an
adjunctive therapy

03

Contraindications of use:



Blood flow



Pregnant
woman



allergy



Low blood
pressure

04

Summary :

We learned what rishi mushroom is, which is a nutritional supplement that contains important elements, including Gender and Adenosine, and it is considered an important source of enhancing immunity....

